



PRAIRIE HOUSE RECOVERY

PRAIRIE HOUSE RECOVERY PROVIDES SUBSTANCE ABUSE TREATMENT AND RECOVERY SERVICES FOR FEMALE ADOLESCENTS BETWEEN 13 & 18 YEARS OLD

ADOLESCENT FEMALE RESIDENTIAL ADDICTION TREATMENT

THE FAMILY PROGRAM

Facilitated by licensed professionals, the family program is designed and offered to help family members deal more effectively with their son or daughter. This program not only helps family members to understand the dynamic of the disease of addiction, it also provides to the family members the opportunity to discuss parenting issues and understand the expectations of our treatment program.



ASSESSMENTS

Assessment and referral services are available for teens who exhibit signs of substance use disorders ranging from risky behavior to heavy abuse or signs of dependence.



Assessment & Admissions:
651-338-3317

Please visit our website:
www.mlrecovery.org

Prairie House Recovery Center
Admissions: 651-338-3317
Main Phone: 651-785-5647

Business/Billing Address:
207 Division Street East
PO Box 308
Maple Lake, Minnesota 55358



PRAIRIE HOUSE RECOVERY FOR GIRLS



Admissions:
651-338-3317

THE JOURNEY BEGINS HERE

Prairie House Recovery Center is an 8-bed residential addiction treatment program for girls between the ages of 13-18 struggling with addiction and substance use disorders combining an intimate, homelike atmosphere with a focus on recovery from addiction and sober living in a structured, safe, and dynamic environment where girls can grow in self-esteem, emotional maturity, and recovery, without victimization or aggression.

Maple Lake Recovery Centers started in 1997 as a Minnesota non-profit treatment program providing a welcoming environment where adolescents and their families struggling with addiction and associated behaviors could live, grow, and learn the essential principles, values, life skills, and techniques for long term, successful recovery.



A PLACE WHERE GIRLS CAN RECLAIM THEIR YOUTH ON THE WAY TO BECOMING RESPONSIBLE WOMEN

Adolescent females that get lost in addiction can be robbed of their formative years in life, become vulnerable and filled with worry, fear, anger, and depression; emotional byproducts of drug and alcohol use and associated behaviors. These are typically young women at a crossroads, both heartbreaking and worrisome. "How do we stop this, what can we do?" There is a solution.

Our goal remains simple: We are here to help as many adolescents as possible recover from addiction and realize their dreams through developing the skills needed to contribute to family, community, and the world by living a meaningful and effective life without drugs or alcohol. We continue to be recognized by many of our partners as a "provider of choice" of unique, effective adolescent substance abuse treatment services.

OUR CORE TREATMENT SERVICES

Licensed addiction counseling and educational professionals provide:

- Professional counseling services; including group, individual, and family counseling for substance use disorders
- Peer bonding, role modeling, relationship building, communication skills, behavioral therapy
- Focus on problem-solving, decision-making, and prioritizing skills
- Relapse prevention and refusal skills, values-based decision-making skills
- Behavioral analysis, reinforcement, and reward strategies
- Family educational programming, counseling, and therapy
- Team building, experiential, and fun activities including summer camping and ropes courses
- Exposure to 12 step programs, activities, and philosophy
- Educational programming including IEPs and specialty alternative learning center services