



PREPARING FOR TREATMENT

What to Bring

- Child's social security number – used for billing purposes only
- Insurance or MA card
- Current medications in original containers (30 day supply with refills and prescription orders from prescribing physician)
- Personal hygiene items (any item with alcohol in it will be stored in the office)
- Towels
- Blanket and pillow
- Clothing – enough to last one week and appropriate for the season (non-offensive: no drug, gang, or sexual references)
- Swimming suit/trunks
- For Winter: Coat, hat, gloves or mittens, scarf – These items are very important due to the number of outings we do in cold weather
- Shoes, slippers, boots/sandals
- Stamps and envelopes
- Notebook and pencils
- Phone card (if outside of the metro area)

What NOT to Bring

- Cell phones, iPods, laptops, and any other electronic device.
- Candy, gum, or caffeinated beverages
- Homemade food products
- Tobacco Products
- Lighters
- Knives or weapons of any kind
- Aerosol sprays
- Money

How can support people be involved?

- Family visitation is from 12pm to 3pm on Sundays until client is on home passes, in which it will then be from Friday at 2:30pm until Sunday at 2:30pm.
- Clients are not allowed to make phone calls their first week in treatment. After that, they are allowed to make up to a 20 minute phone call on their designated phone day.
- Clients can receive mail at the following address:
(Patient's Name) c/o Maple Lake Recovery Center
P.O. Box 308
Maple Lake, MN 55358
- Family involvement is encouraged! We offer a family education day once a month. Please contact your child's counselor or the admissions coordinator to ask about upcoming dates.

The following is an example of a copy of the original Prescription Orders. This order must match the prescription label exactly. If the prescription has been changed, there needs to be a new label and /or a new prescription.

Thank you for your cooperation.



CentraCare Health Plaza — Child & Adolescent Specialty Center
1900 CentraCare Circle, Suite 1325 St. Cloud, MN 56303-3000
320-229-4945 phone, 320-229-5179 fax
www.centracare.com

Behavioral Health Clinic

4-19-2008

Admit orders for Child's Name.

1. Effexor XR 75 mg. Take one tablet BID
2. Abilify 2.5 mg daily X 2 weeks then discontinue Abilify. Please notify Dr. Icare if any problems or difficulties with the Abilify taper.

Dr. Icare
Phone #: 320-123-4567